

# ST PETER'S NEWS

CHALLENGING OUR STUDENTS THROUGH A FOCUS ON EXCELLENCE



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## MESSAGE FROM THE PRINCIPAL

Dear Parents, Carers and Students

The school community plays a significant role in supporting and developing positive wellbeing in our students. We understand how crucial good wellbeing is in order for young people to engage and achieve at school, not only academically, but also emotionally and spiritually. Good wellbeing can be defined as the sense of happiness, effective social functioning and spiritual health, and dispositions of optimism, openness, curiosity, and resilience (Health and Physical Education Glossary – ACARA). There has been a strong focus on all of these areas over recent years and current research in this area has highlighted the need for more resources and programs to assist students in building and strengthening their levels of wellbeing.

At the end of Term 2 each year we ask all our students to complete a "school developed" wellbeing survey. This tool gives us a clear snapshot of the current state of wellbeing for our students and it highlights for us areas of concern that we use to inform the wellbeing programs and interventions that we offer.

Last year proved to be yet another challenging year. The ongoing impact of the pandemic, the continuing war in Ukraine, humanitarian crises, the rising cost of living, unprecedented flooding and growing social polarisation and the ever-present threat of climate change, has impacted, and overwhelmed many families who are trying to recover, rebuild and adjust to a new kind of "normal".

Throughout such difficult times, it is important for parents and caregivers to continue to build relationships, foster connections, enable understanding, and break down barriers as they navigate a pathway towards better mental health and wellbeing for young people.

This term we have noticed that a significant number of students are struggling with their wellbeing, and we would like to do a check-in with parents and carers that might help us understand where the current needs are.

SchoolTV are currently hosting a short video and parent/carer survey. It is intended to act as a barometer to help gauge the state of student wellbeing within the community. The information gathered will come back to us as a school report and enable us to focus on some of the key issues and highlight where further assistance may be required. With mental health concerns on the rise, it is evident that many young people may need some extra support and parents and caregivers play a vital role in enabling a child's ability to thrive.

I invite all parents and carers to access the survey at the link below so that we can continue to develop our programs to best suit the needs of your sons and daughters at this time.

Thank you for your support in this area.

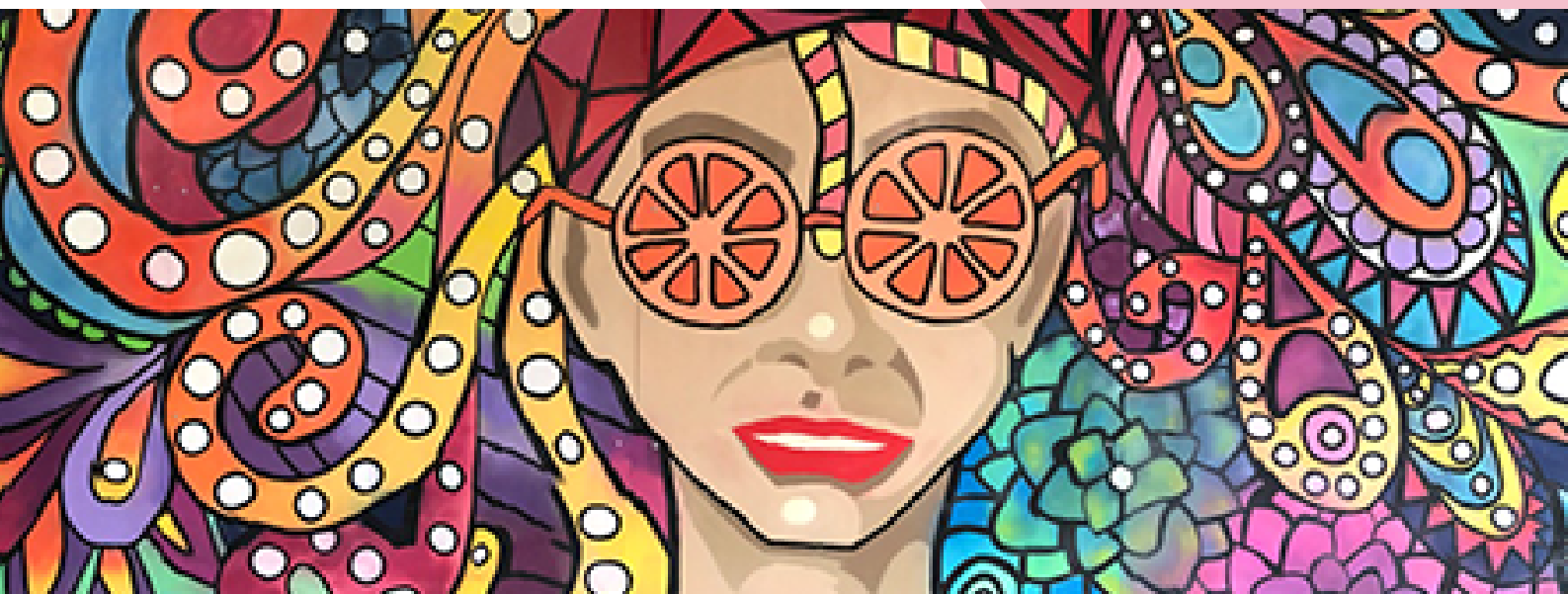
*Tim Hildebrandt*  
Principal

### SchoolTV Special Report

The Wellbeing Barometer

[https://stpetersdbb.catholic.schooltv.me/wellbeing\\_news/special-report-wellbeing-barometer-2023-au](https://stpetersdbb.catholic.schooltv.me/wellbeing_news/special-report-wellbeing-barometer-2023-au)

Throughout difficult times, it is important for parents and caregivers to continue to build relationships, foster connections, enable understanding and break down barriers as they navigate a pathway towards better mental health and wellbeing for young people.



## WELLBEING @ ST PETER'S IN 2023

### Bullying No Way!

Bullying is repeated and intentional use words or actions against someone or a group of people to cause distress and risk to their wellbeing. These actions are usually done by people who have more influence or power over someone else, or who want to make someone else feel less powerful or helpless.

Bullying is not the same as conflict between people like an argument, or disliking someone, even though people might bully each other because of conflict or dislike.

The sort of repeated behaviour that can be considered bullying includes:

- Socially isolating someone
- Giving nasty looks, making rude gestures, calling names, being rude and impolite, and constantly negative teasing.
- Spreading rumours or lies, or misrepresenting someone
- Mucking about that goes too far
- Harassing someone based on their race, sex, religion, gender or a disability
- Intentionally and repeatedly hurting someone physically
- Intentionally stalking someone
- Taking advantage of any power over someone else like a a Student Representative.

Bullying can happen anywhere; in schools, at home, at work, in online social spaces, via text messaging or via email. It can be physical, verbal, emotional, and it also includes messages, public statements and behaviour online intended to cause distress or harm. No matter what form bullying takes, the results can be the same: severe distress and pain for the person being bullied.

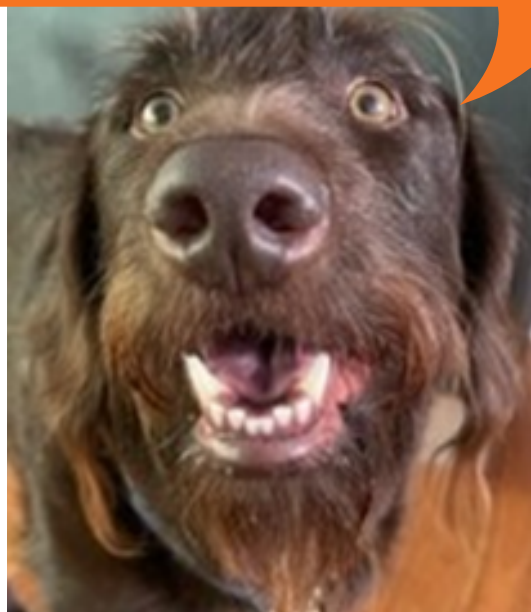
Students were asked to complete a survey on Bullying on Wellbeing Wednesday during bullying No Way! Day.

The survey is anonymous and will help us understand the issues our students are dealing with and also provide ideas to help us manage and deal with concerning behaviour making our school a safe place for everyone. Please speak to your child and ask them to complete the survey if they have not done so already.

The link to the survey can be found here:

[Bullying No Way! Survey](#)

BULLYING. NO WAY!



### Free Webinar

Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

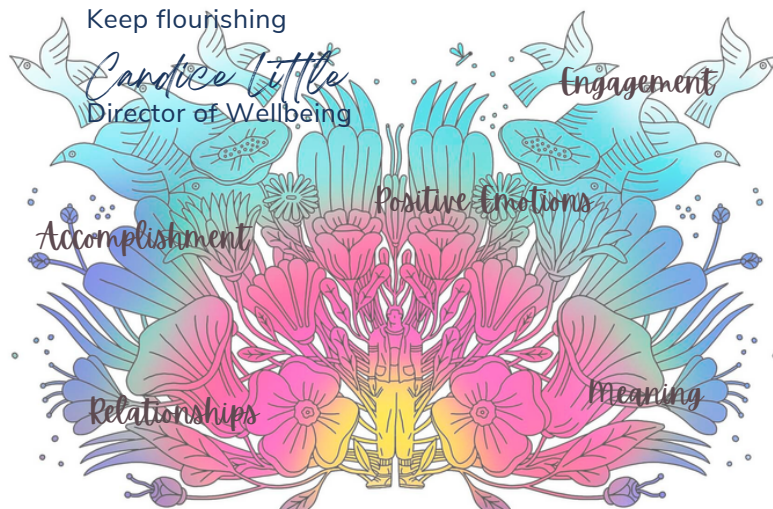
Wednesday 29th March @ 6:30pm (AEDT)  
How to Help Improve Your Child's Memory

[Click here to register for free](#)

Here's what they will be covering on the night:

- ✓ How memory actually works (and how it has nothing to do with brain capacity)
- ✓ The most effective environments to assist in memorisation
- ✓ 3 techniques you can implement overnight to improve revision

Keep flourishing



## STAGE 4 NEWS - YEAR 7 ARE OFF TO CAMP NEXT WEEK!

Hello Year 7 families and students

### Staffing Changes

Due to Mr Tony Brosnan taking some well-deserved long service leave, we have had some shuffling amongst our Leaders of Wellbeing in Stage 4. Mrs Sue Briggs has moved in to replace Mr Brosnan as Leader of Wellbeing - Year 7, and consequently we now welcome Miss Yasmin Rooney as our new Assistant Leader of Wellbeing - Stage 4. If at any time you need to contact either of us, our emails are:

[susan.briggs@dbb.catholic.edu.au](mailto:susan.briggs@dbb.catholic.edu.au)  
[yasmin.rooney@dbb.catholic.edu.au](mailto:yasmin.rooney@dbb.catholic.edu.au)

### Year 7 Camp

As you already know Year 7 are off to the Great Aussie Bush Camp at Kincumber next week (Week 9) for school camp.

If you have not already, could you please make sure that camp notes have been returned to homeroom teachers, Mrs Briggs or Miss Rooney as there are still a few missing.

If your child is not attending camp for any reason, this also needs to be passed on to Mrs Briggs ASAP.

Please ensure all medical information is correct, and that all medication is prepared in a webster pack. If there are any issues or concerns around camp, please do not hesitate to contact Mrs Briggs or Miss Rooney.

### Swimming Carnival

In Week 5 we had the annual school swimming carnival. It was great to see the attendance and participation rates so high amongst Year 7 students.

Everyone was happy to be there and excited to compete with a big smile. A big congratulations to the U12 age champions Elisha W and Jacob S and the U13 age champions Harper D and Zach O.

### Reflection Day

On Wednesday 1 March all of Year 7 along with their Religion Teachers, Mrs Briggs, and Mr Hopley, travelled down to the Light of Christ Centre in Waitara for Reflection Day.

Our students joined other Catholic Schools Broken Bay High School students for the 'Amazing Race' event that is aimed at welcoming Year 7 students into Catholic Education at a high school level. Our students participated eagerly in all of the activities of the day and represented the College very well.

### Touch Football

In Week 6 both the boys and girls Under 13's Touch Football teams travelled to Doyalson to play in the BBSSA Gala day.

The girls made it to the Grand finals where they played strong and fought hard until the dying minutes where it came down to golden point in extra time, where unfortunately they conceded.

The boys unfortunately came up against much stronger and experienced teams which led to them narrowly avoiding the wooden spoon by 1 point.

Both teams represented the College very well and should be commended for their commitment and efforts all the way to the end.

### NAPLAN

Year 7 are now halfway through their NAPLAN exams, with them due to finish up on Monday 27 March. So far, the process has been very smooth and we commend Year 7 on their organisation and behaviour while completing these exams.

Until next fortnight

*Sue Briggs and Yasmin Rooney*



## STAGE 5 NEWS - SHINE BRIGHT YEAR 9!

### Around Campus

The season of Lent has officially started in our school community. Our students participated in Ash Wednesday Liturgies under the guidance of Mr Hopley a few weeks ago and learned about the traditions and importance of Lent; as our Winter Appeal and Project Compassion initiatives approach us, it is important that students take the message of giving from this season and apply that in regard to other people and communities in need.

Embracing the needs of others over our own and ensuring we treat everyone with dignity, respect and kindness is a message we can all embrace in this busy time leading into the holidays.

### Swimming Carnival

The last day of summer this year seemed a fitting day to hold our Swimming Carnival at Wyong Pool. The sun was shining, and student spirit was high! We want to thank all of you who attended- the positivity and enthusiasm truly made for a great day. There was some amazing success in the pool with some of our Year 9's smashing it and winning quite a few races. Congratulations to our Age Champions this year: Liam D, Matilda C and Emma W!

### NAPLAN

Our students are in the middle of the NAPLAN process this week.

We want to thank those of you who are embracing this process with maturity and determination. It makes everything run so much smoother to have you all prepared and ready to go each day. We keep encouraging you to try your best in these tests - they'll be over before you know it.

### OTHERWISE

Otherwise, continue to be your shining selves. It's assessment time, and we know that can be quite stressful. Take the chances to ask your teachers for help if you need it and don't forget to check in with us in the Year Co office if you need to. The holidays are just on the horizon, so we just need one last push to get there. Keep doing you!

*Czes Lawicki and Jessica Moroney*

*Shine*  
**BRIGHT**



## STAGE 6 NEWS - ST PATRICK'S DAY FRIVOLITY AND YR 11 RETURN

### Year 12

With the end of Term 1 2023 in sight, I would like to thank our fantastic Year 12 students for their maturity and dedication to their studies this term. It has been a busy last couple of weeks with many assessment tasks being completed over this time. Students have demonstrated effective time management and have used study periods well to ensure tasks are not left too late to produce their best possible work. Let's continue with this positive momentum for our final semester of assessment at St Peter's.

### Year 11

First round of Stage 6 assessment tasks is now upon Year 11. Students should have begun their consistent study patterns and implementing skills discussed in retreat and Elevate education. Students are encouraged to keep a positive and fluid communication to further forge a strong rapport with all teachers to maximise their educational potential while at St Peter's.

### Uniform and Absences

We would like to begin Term 2 well, so this is a very brief reminder to refer to the college's uniform policy over the break and adhere to these guidelines.

Some changes in personal presentation may be necessary over the break to ensure the high standard of uniform is maintained.

I would like to also take this opportunity to reiterate the need for an absent notice if students are absent from school. This must be handed to the front office or alternatively can be completed online.

### Year 11 Retreat

Students of year 11 recently attended a three-day retreat at the beautiful northern beaches of Sydney.

During the three days away, students were challenged in the following areas, vision of their future, discussion on how to plan for educational success through the implementation of an achievable routine, and how to balance work/life/education demands as students' progress towards their HSC in 2024.

Feedback from students was positive as where they relished in the opportunity to step away from the demands of life and dedicated time to think about what they wanted to pursue after their graduation from St Peters.

### St Patricks Day

Friday 17 March our sole Patrick House Captain Georgia-Rose and her fellow Patrick House representatives celebrated St Patricks Day by organising a range of different activities for students to get involved during Break 1 and Break 2.

Every student left with a smile on their face and bellies full. Congratulation to Georgia-Rose and Patrick House for an excellent event.

All proceeds from the Bake Sale and associated activities will be donated to Project Compassion.

See you in the playground!

*Adam Beavis, Mitchell Dryden  
and Mitchell Scott*



## SYDNEY DANCE COMPANY WOW YEAR 12!

### Sydney Dance Company Excursion

On Thursday 16 March Year 12 Dance students travelled to Sydney Opera House to watch the Sydney Dance Company.

The students witnessed a spectacular performance of wonderful artistry by the company dancers and the sound, lighting and costumes were a visual delight.

Students had the opportunity to observe the dancers warm up and stretch and had a discussion with the Artistic Director.

This was followed by two amazing, abstract and very inspiring performances.

The show finished with an interactive question and answer time with both the dancers and creators which gave the students some real insight into the choreographic process and the life of a company dancer.

Every student thoroughly enjoyed their day at the Opera House and were thrilled to be able to speak with dancers from the famous Sydney Dance Company!

*Sarah Heywood  
and Jaylah Nakhoul*



## STAGE 4 AGRICULTURE AND FOOD TECHNOLOGIES

### Agriculture and Food Technologies

Year 7 have been enjoying cooking in the kitchen and working in the herb garden and workshop for Agriculture & Food Technologies engaging in authentic and enriching learning experiences within the TAS faculty.

As part of the Technologies faculty, Stage 4 students complete a range of mandatory subjects engages students in design and production activities as they develop solutions to identified needs and opportunities.

Through the practical application of knowledge and understanding they learn about Agriculture and Food Technologies, Digital Technologies, Engineered Systems and Material Technologies.

*Taryn Clarke*



## SPORTING SUCCESSES ALL AROUND AT ST PETER'S

### Broken Bay Swimming

On Tuesday 14 March the College Swim team competed at the Broken Bay Swimming Carnival at SOPAC. The team was very competitive and gave their all.

Some of the highlights included Bodi B of Year 8 coming first in the Under 14 200m Freestyle, 200m Individual Medley, 100m Freestyle, 50m Backstroke and 50m Breaststroke, and second in the 50m Freestyle. Bodi was named Under 14 Boys Age Champion.

Duncan F of Year 10 also had success winning the Under 16 50m Breaststroke.

Next stop for both students will be the NSWCCC Swimming Championships at SOPAC on Friday 31 March. Well done to both boys.

### NSWCCC Success

Tameka W of Year 8 qualified for the U15's Broken Bay Touch team to compete at NSWCCC a few weeks ago. Last week Tameka also qualified for the U15's Broken Bay Netball team to compete at NSWCCC. A phenomenal effort and talent considering Tameka is only 14.

Congratulations Tameka.

Wil KS of Year 10 has been successful in making the NSWCCC Opens Baseball side, a massive achievement to not only make a CCC but to make a CCC side as a 16-year-old in an opens team.

Congratulations Wil.

Congratulations also the Desiree H of Year 12 who qualified for the NSWCCC Goft team to play at the NSW All Schools Championship.

Well done Desiree!

### Touch Football Gala Day

On Wednesday 8 March the College hosted the Broken Bay U13s Touch Football Gala Day at Doyalson.

The day was a great success with all schools in the Diocese bringing teams to compete.

Our girls were fantastic, led by coach Alyssa Nusdorfer. The team was well prepared going into the tournament. They were undefeated the whole day going into the grand final, unfortunately losing in extra time.

There are some very talented girls in Year 7, it was awesome to see and something to be excited about.

Congratulations girls!

### Representative Selections

The following students have been selected in representative pathway sides.

### Broken Bay Open's Rugby League

Due to low applications in the open's rugby league sides in both boys' and girls' teams, the following students have been successful in progressing into the Broken Bay Side to trial for Sydney Metropolitan Selections via Paper Selections:

- Bryson G - Year 11
- Harley O - Year 11
- Sienna M - Year 11
- Eva M - Year 11
- Brooke T - Year 11
- Eden M - Year 12
- Taya W - Year 11

the Broken Bay sides will trial against the Parramatta 2nds (Boys) and Parramatta 1sts (Girls) teams in order to be selected in the Sydney Metropolitan Team which will compete at the NSW CCC championships.

*Duncan Little & Jacob Hawkins*  
Sports Co-ordinators





## NATIONALLY CONSISTENT COLLECTION OF DATA (NCCD)



Dear parents, guardians and carers

**RE: Nationally Consistent Collection of Data on School Students with Disability (NCCD)**

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the Disability Discrimination Act 1992 and the Disability Standards for Education 2005, in line with the NCCD guidelines (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the Australian Government's Privacy Policy (<https://www.education.gov.au/privacy-policy>).

Further information about the NCCD can be found on the NCCD Portal (<https://www.nccd.edu.au>).

If you have any questions about the NCCD, please contact the school.

Kind regards

**Tim Hildebrandt**  
Principal

## NATIONALLY CONSISTENT COLLECTION OF DATA (NCCD)

### Nationally Consistent Collection of Data (NCCD) On School Students with Disability

#### What is the Nationally Consistent Collection of Data?

Schools must now complete the Nationally Consistent Collection of Data on School Students with Disability (NCCD) every year. It counts the number of students who receive additional adjustments or “help” at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

#### Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is your child getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word ‘disability’ comes from the Disability Discrimination Act 1992 (DDA) and it can include many students (see below).
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, your child’s needs and the reasons that your child needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how your child’s learning is moving along over time.

Once the school decides that your child should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to your child whilst they are at school.

#### What does the word ‘disability’ mean in the NCCD?

In the NCCD the word ‘disability’ comes from the Disability Discrimination Act 1992 (DDA). There are four types of disability that the school can choose from; sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, autism spectrum disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a student in the NCCD. Teachers can use all that they know about your child’s learning and the records that they have collected over time to decide if a student can be counted in the NCCD.

#### What sort of help does the school give students?

Students need different types of help at school. Some students need a little help sometimes while other students need a lot of help nearly all the time. The type of help given depends on the needs of the student.

The help can include changes to the school buildings or grounds (e.g. ramps or things like special desks or chairs), extra teacher help in classes, special learning programs, changes to the work they give the student or extra adult help.

#### What will the school need to know about my child for the NCCD?

Schools work together with families to understand the needs of each child. It is helpful if families give their child’s teacher a copy of any letters or reports they have. The letters or reports will help the school understand the child and the help that they might need. Letters from doctors, psychologists, speech pathologists, doctor, and occupational therapists etc. can be very helpful for schools. These reports along with information that the teacher has (i.e. school based tests, your child’s work and learning plans) helps the school to understand and meet your child’s needs.

#### What happens to the NCCD data? Who will have the NCCD information?

Each school principal must check the NCCD data in August of each year. The school will give the information to the Catholic Education Office. The school will work with the Catholic Education Office to make sure that the NCCD data is OK before they give the data to the Commonwealth government as part of its annual census process. The government will not be given the names of any students or any letters or records. Please ask your school for their privacy policy if you need to know more.

#### Does the school need me to agree with them about counting my child in the NCCD?

Changes were made to the law (Australian Education Act 2013 and Australian Education Regulation 2013). Schools do not need you to agree to let them count a child in the NCCD. You cannot ask the school not to count your child. The school does however need to discuss with you the help that your child needs and the help that is being put in place for your child at school to access, engage and participate in learning on the same basis as other students.

#### Where can I find out more?

If you have questions, you can ask your child’s school for help. The person to contact at your child’s school is:

Mitchell Bates  
Leader of Learning – Learning Support  
[mitch.bates@dbb.catholic.edu.au](mailto:mitch.bates@dbb.catholic.edu.au)  
02 4352 9851

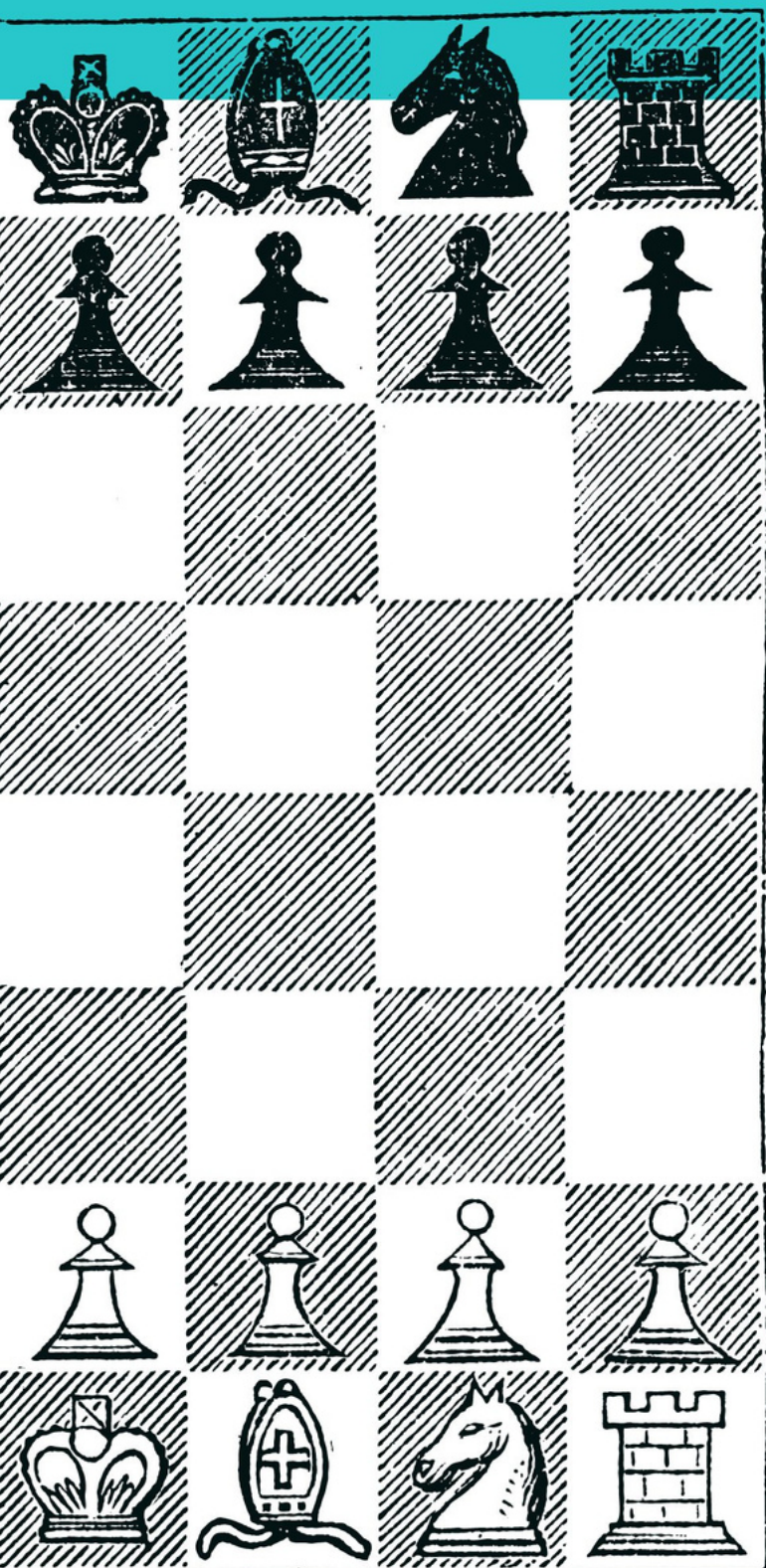
You can also find out more by looking at:

The National NCCD portal – [www.nccd.edu.au](http://www.nccd.edu.au) there is a specific section for parents regarding information about the NCCD

2023 National NCCD Guidelines - [https://www.nccd.edu.au/sites/default/files/2023\\_NCCD\\_Guidelines.pdf](https://www.nccd.edu.au/sites/default/files/2023_NCCD_Guidelines.pdf)

The Disability Standards for Education - <https://www.education.gov.au/disability-standards-education-2005/resources/fact-sheet-2-disability-standards-education-2005>

The Disability Discrimination Act 1992 - <https://www.education.gov.au/swd/resources/fact-sheet-1-disability-discrimination-act-1992>



# GOT CHESS?



## 2023 CHESS CLUB

EVERY WEDNESDAY

BREAK 1

@ THE LIBRARY

NO EXPERIENCE NECESSARY  
ALL STUDENTS WELCOME  
SEE MRS RODRIGUEZ AND MS FORTMANN FOR MORE DETAILS

## MATHS HELP EVERY TUESDAY



Maths support is available every Tuesday during Break 1 in the Explore Zone of the Library.

If your child is struggling with concepts or particular topics we encourage them to come along and discuss with Ms Michell and her team of Maths whizzes.

Calculators are also available for daily hire from the College Library, for more information please see Ms Skarstein & the Library Staff.

*Teresa Michell*

Leader of Learning - Mathematics

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

## WINTER UNIFORM NOW AVAILABLE TO PURCHASE

Cowan & Lewis have announced that the Winter Uniforms for juniors and seniors is now available to purchase.

All students are required to return to school on the first day of Term 2 in full Winter uniform.

Uniforms can be purchased from the onsite uniform shop during term time Monday, Wednesday, and Friday 8.00am to 9.30am or online 24/7 at [Cowan & Lewis](#)

*Tracy DiGiuseppe*  
Business Manager



## UPCOMING EVENTS @ ST PETER'S

### Term 1 2023

Monday 27 March  
Monday 27 March  
Tuesday 28 March  
Wednesday 29 March  
Friday 31 March  
Friday 31 March  
Monday 3 April  
Tuesday 4 April  
Wednesday 5 April  
Thursday 6 April  
Thursday 6 April

### Term 2 2023

Monday 24 April  
Tuesday 25 April  
Wednesday 26 April  
Wednesday 26 April  
Thursday 27 April  
Friday 28 April  
Wednesday 3 May

- Year 11 VET Entertainment Excursion
- Year 7 Camp commences
- Duke of Ed Adventurous Journey
- Duke of Ed Adventurous Journey
- Year 7 Camp concludes
- St Joseph's CCC Afternoon Event
- Year 8 Camp commences
- Central Coast Careers Expo
- Year 6 Taster Day
- Year 8 Camp concludes
- Term 1 concludes
- Staff Development Day/Pupil Free Day
- ANZAC Day Public Holiday
- Term 2 commences
- Anzac Day Ceremony
- Year 9 HSIE Urban Excursion (Blue Side)
- Year 9 HSIE Urban Excursion (Green Side)
- Athletics Carnival

**Choosing  
the right  
secondary  
school for  
your child  
can be tough  
- let us help you!**

# **SECONDARY SCHOOL TASTER DAY**

**Wednesday 5 April 2023**  
**[Register Now](#)**



**St PETER'S**  
CATHOLIC COLLEGE