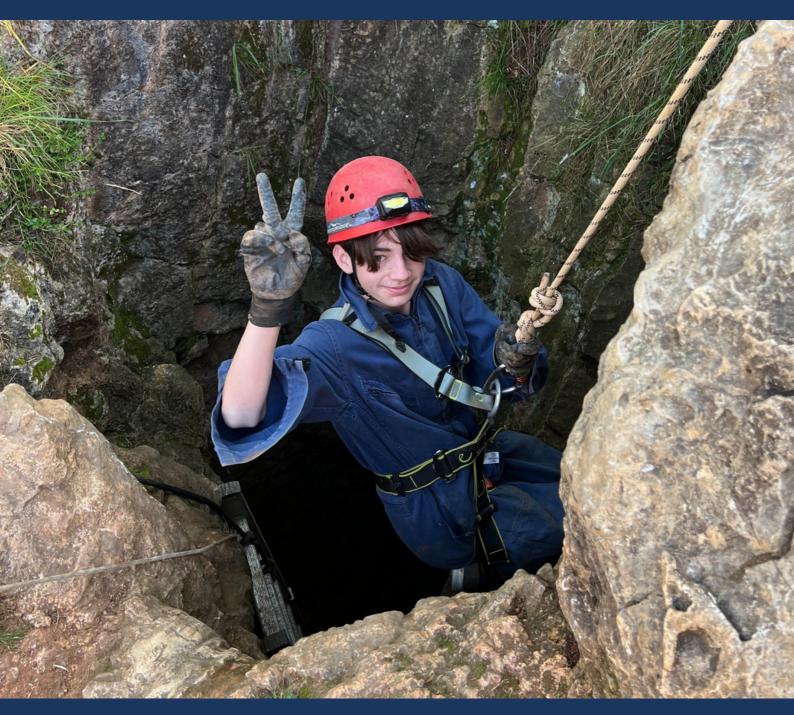
ST PETER'S NEWS

CHALLENGING OUR STUDENTS THROUGH A FOCUS ON EXCELLENCE



WHAT'S INSIDE:

PAGE 2

MESSAGE FROM THE PRINCIPAL

Dear Parents, Carers, Staff and Students

As you are aware I have just returned from World Youth Day where I had the absolute privilege of leading students from all four of our Central Coast Catholic Schools on a pilgrimage through Italy and culminating in the World Youth Day experience in Portugal.

The journey was extensive and exhausting with very long days in extreme heat. However, our students demonstrated incredible drive and resilience as they took on the challenges with open minds and hearts and a determination to embrace all that was on offer to them. Being away from family and friendship groups for such a long time was difficult for many on the trip; however, it was amazing watching our students grow in personal strength and conviction, as well as in their faith journey, during these most trying times.

Throughout the trip there were a number of opportunities for the students to reflect on both their faith and their school life. In some of these discussions the concept of "perfectionism" came up as some students spoke about their perceived need to be liked and accepted at school and how this influenced their daily habits. I believe that many people in our society, and especially students at school, are impacted by an internal struggle with perfectionism and the need to be the best.

The quote below is from Brené Brown's recent book (2020), **The Gifts of Imperfection**. In this book she unpacks the things that hold many of us back and speaks about the need to be brave enough to be who you really are, without worrying about what others think. In the school playground I often here accounts from students of what that they can and can't say and do, or what they need to wear in order to be accepted.

In our recent student wellbeing survey, many students are reporting that they do not feel safe at school all the time. When we examine this data and ask some more questions, what many students are meaning is not about physical safety, but rather, the inability to be themselves. They feel that they need to be their "perfect self" in order to be accepted by others, or at least to avoid negative comments from others.

This is a huge challenge for our young people, and for those with me overseas, we spoke about some tools to help empower them to let go of what others think. The talk is always very different to the reality of the playground and students need more support to be comfortable authentically being themselves.

Can I encourage parents and carers to talk to your young people about the importance of being themselves, not who they perceive they need to be. It is a concern for many of our students and one we will look at supporting through our wellbeing programs here at school.

Tim Hildebrandt Principal

"Perfectionism is not the same things as striving to be your best. Perfectionism is not about healthy achievement and growth. Perfectionism is the belief that if we live perfect, look perfect, and act perfect, we can minimise or avoid the pain of blame, judgement and shame. It's a shield. Perfectionism is a twenty-ton shield that we lug around thinking it will protect us when, in fact, it's the thing that is really preventing us from taking flight. It's stopping us from being seen."





WORKS TO RE INSPIRED BY THIS YEAR'S

THEME ...

MARY MAC'S

Marzion

"... be like-minded, be sympathetic, love one another, be compassionate and humble."

1 Peter 3:8



Join us for the ultimate celebration of creativity and talent at Catholic Schools Broken Bay's highly anticipated competition. Open to all students from Kindergarten to Year 10, this event features five exciting categories, including visual arts, dance, drama, music, and short film. Finalists will have the opportunity to perform or display their work at a special 'Showcase' performance evening, with industry performers and judges in attendance. Don't miss out on this incredible chance to showcase your creative talent!



- Stage 1 Competition closes 18 August 2023.
- Stage 2 Finalists judging 7 September 2023.
- Stage 3 Finalists showcase evening 24th October 2023.

Register your interest at your school and mark the important dates on your calendar. Get ready to make your mark in the world of art and entertainment!

MORE INFO

Entries Close 18 August 2023





EVANGELISATION & CATECHESIS

As we anticipate the arrival of September, our thoughts turn to a cherished occasion in the Catholic calendar – Father's Day. This is a time when our school community gathers to celebrate the profound role that fathers play in our lives, guided by faith and love. On September 1st, we have a heartwarming Father's Day Liturgy planned, followed by a light breakfast, to honour the fathers among us and give thanks for their presence in our lives.

Fathers are a reflection of God's divine love and guidance within our families. They stand as beacons of faith, leading their children with patience, wisdom, and strength. In imitating the Heavenly Father, earthly fathers demonstrate sacrificial love, providing not only for the physical needs of their families, but also nurturing their spiritual growth. Through prayer, guidance, and their own actions, fathers show us the path to righteousness and a deeper connection with God.

Our Father's Day Liturgy, set for September 1st, is a sacred opportunity to extend our appreciation and blessings to the fathers in our lives.

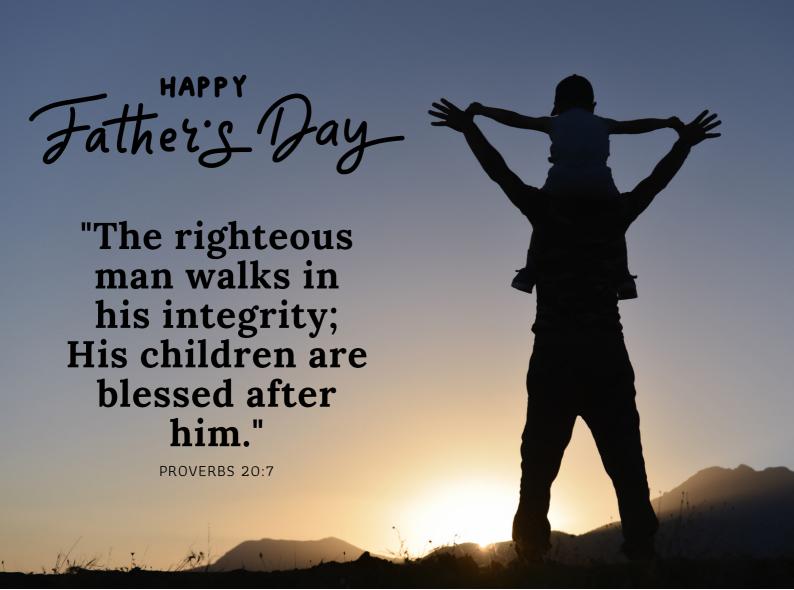
During the liturgy, we will join in prayers of gratitude for the vocation of fatherhood, reflecting on the significance of their spiritual leadership. Through scripture and shared reflections, we will celebrate the role of fathers as spiritual guides and loving caretakers, mirroring the love of our Heavenly Father.

Following the liturgy, we will continue our celebration with a light breakfast. This time of fellowship and togetherness will allow fathers, students, and teachers to share not only in food but also in stories, laughter, and the bonds that tie us together as a Catholic community. It is a moment to cherish the blessings of fatherhood and to thank God for the gift of fathers who inspire us to grow in faith and love.

Father's Day in the Catholic tradition is a beautiful occasion to recognise the spiritual leadership, love, and devotion that fathers provide. As they emulate the Heavenly Father's care, fathers guide us toward spiritual growth and moral righteousness.

The Father's Day Liturgy and light breakfast on September 1st give us a chance to express our gratitude to these men of faith. Let us come together as a faith-filled school community to honour and celebrate fathers, seeking God's blessings upon them and their families.

Andice Title and Ewen
Acting Assistant Principal - Evangelisation &
Catechesis





IGNITE CONFERENCE 23:WONDER

Ignite Conference 23: Wonder – a National Catholic Conference for people of all ages to experience real world formation, powerful worship and encouragement in their Catholic faith in an exciting, and ground-breaking way.

We all need an opportunity to meet our God of wonders. At this time when our world is so full of fear, uncertainty and powerlessness, we desperately need the God of wonders to remind us of all that is good and true; that Jesus is present and powerful and able to move mountains in our lives.

Ignite Conference is a chance to meet the God of wonders, to encounter Jesus for the first time or the hundredth time. It's a rare opportunity to gather as a people of faith from around the country.

A line-up of speakers and artists will be joining our expanding Ignite family this year at two locations. In Brisbane, we are excited to continue our partnership with St. Laurence's College in the heart of the city. And in Sydney, we are super excited to be hosted this year in the Diocese of Broken Bay and to reunite with all our friends in Greater Sydney!

We want to see the Church in Australia be led by a wonder-filled generation ready to transform all around them into colour and light.

If you haven't been to Ignite Conference yet, this is your time. Come along for four days of unforgettable Catholic worship, speakers, creativity, sacraments and workshops. Let's invite the Holy Spirit to breathe WONDER into our lives, Church and nation together!

Find out everything you need to know about coming along, bringing a friend or bringing a whole group at https://igniteconference.com.au/



Director of Ignite Youth

DIRECTOR OF STUDIES NEWS & INFORMATION

Year 10 Examinations & Assessments

This week all Year 10 families (students and parents/carers alike) would have received information regarding the upcoming series of assessments in Week 8 of this term.

This assessments/examinations with be held on Wednesday 6 September, Thursday 7 September and Friday 8 September. Below is an outline of the schedule for this period.

Please note students will be required to be in normal classes when not completing their assessments as well as on the Monday & Tuesday of Week 8.

Please find the dates for your upcoming Year 10 exams in Religion, Science and Mathematics in Week 8 this term. These exams will be held in the College Hall.

Year 10 will have normal homeroom each of these days and will be called to assemble in PSP in the relevant period for each exam.

Please remember that the exams timetabled below are assessment tasks and form part of your Year 10 Assessment program. As such, you will need to make sure you follow the <u>Year 10-12 Assessment Policy</u> protocols if you are not here on the day of the exams.

This means you will need to contact the College to let your class teacher know you will be absent or leave a message at Student Services.

You must also complete an Illness/Misadventure form and email it to Mrs Haines, Mrs Wilkins and your class teachers for the subject affected.

sandra.haines@dbb.catholic.edu.au lisa.wilkins@dbb.catholic.edu.au

A medical certificate or detailed explanation must be attached to the Misadventure form. Failure to submit an Illness/Misadventure form within 7 days of the date of the exam will result in a 'zero' grade for that task.

You will be able to find a copy of the Illness/Misadventure/Special Consideration form in COMPASS under "Community" then "School Documentation".

Your class teacher will advise you about when you will be able to sit the rescheduled task.

If you have any questions about these examinations, please speak to your class teacher, the relevant Leader of Learning for that subject or your Leader of Wellbeing.

Study hard, and good luck!

Sandra Haines Director of Studies

	Monday 4 Sept	Tuesday 5 Sept	Wednesday 6 Sept	Thursday 7 Sept	Friday 8 Sept
Period 1	Normal	Normal	Normal	SCIENCE	MATHEMATICS
	classes	classes	classes	90 MINUTES	90 MINUTES
Period 2	Normal	Normal	Normal	SCIENCE	MATHEMATICS
	classes	classes	classes	CONTINUED	CONTINUED
Period 3	Normal classes	Normal classes	Normal classes Note: Students will leave class early at approx. 12:20pm to move to PSP in preparation for Religion exam	Normal classes	Normal classes
Period 4	Normal	Normal	RELIGION	Normal	Normal
	classes	classes	55 MINUTES	classes	classes
Period 5	Normal	Normal	Normal	Normal	Normal
	classes	classes	classes	classes	classes

STAGE 5 NEWS - YEAR 9 SURVIVED CAMP!

Our happy smiling campers have returned from camp, and the buzz says how much fun everyone had. The Year 9 Camps were a resounding success. It seems to have been a fun filled, action packed adventure and students bonded in activity groups and chatted around the fires about their experiences. It instilled commitment and courage in students through challenging activities of all kinds and really brought a sense of community to the groups.

Lake Burrendong

Lake Burrendong was a wonderful experience for all the students and staff involved. The weather was brilliant for the whole week and made for warm days and great nights by the campfire toasting marshmallows.

Students enjoyed a variety of activities including archery, archery tag, kayaking, mountain biking, orienteering and nightly games. The students engaged in everything and had loads of fun despite being away from the comforts of their own homes. A big thankyou to Mrs Skarstein, Mrs Briggs, Miss Milne, Mrs Foster and Mr Lomax for volunteering to come away on camp and making this such a memorable experience for the students. Also, a big shout out to the Aspect staff Matthew and Lyndell, as well as their students- thanks for a great week!

Wee Jasper Reserve

Wee Jasper was, once again, an amazing time for Year 9. The kids were co-operative and took every new experience with both hands. They challenged themselves every day and were rewarded with great memories and talking points. The weather held up pretty well but the campfire at night was definitely necessary!

It was great to see all our students trying new things: crawling through caves, abseiling down cliffs, and just genuinely supporting each other every day. A huge thankyou to all the teachers who attended this camp (Mr Little, Mr Dennis, Mr Sanchez, Mr Scott, Mr Bates, Mrs Pana and Miss Nakhoul), without them this opportunity would not be the same. We hope everyone enjoyed their time at Wee Jasper, we certainly did!

Surf Camp

Surf Camp was a glorious one for Year 9 this year. The weather was amazing and surf conditions were prim. There was great teamwork throughout the week with everyone jumping in to share the cooking and cleaning between them all.

We got to enjoy the surf and water every day- with some keen people catching some great fish. There was a campfire to bring us all together for stories and laughs, and star watching and sunrise viewing throughout the week. It was another fabulous week at Surf Camp and Mr Taylor, Miss Rooney and Mr Lynch hope you had as much fun as they did!

Czes Lawicki & Jessica Moroney









STAGE 6 NEWS - WELL DONE YEAR 12

I have been impressed with the way the Class of 2023 have conducted themselves over the past few weeks. Year 12 demonstrated focus and discipline throughout the Trial Examination period and are to be congratulated for their mature approach.

Although trials are done, there is still crucial time before the HSC for students to gain additional feedback and consolidate their understanding of course content. Students are reminded to continue their well-balanced approach to exams and the upcoming HSC by gaining plenty of exercise, sleeping and eating well and checking in on their peers. Utilising each other and collaborating to refine knowledge will be extremely beneficial.

Although most have worked hard and consistently, there are a few who still need to lift their attitude toward study and revision. Whilst keeping these exams in perspective, we still aim for each student to achieve their personal best, and this requires time and effort in each subject. As we near the end of official schooling for Year 12, I am looking forward to celebrating this amazing cohort. Let's continue the standard that we have set for these past five and a half years and finish strong!

Early Entry University Offers

I would like to congratulate several students who received early entry offers to university in the last fortnight. This is a momentous achievement and one each student should feel extremely proud of. I look forward to hearing about the post school endeavours of each of these students in the years to come.

Major Work Submissions

A big congratulations is extended to those students who have and are in the process of submitting major works over the past and coming weeks. We know how much time, effort and late nights go into producing such wonderful pieces of work.

Well done!

Michelle O'Keeffe & Mitch Scott











Important Vales

Monday 28 August Tuesday 29 August Wednesday 30 August Friday 1 September Tuesday 5 September

Wednesday 23 August Cabaret Night (SOLD OUT)

Friday 8 September Monday 11 September Tuesday 19 September Wednesday 20 September Friday 22 September Friday 22 September



HSC 2023 Visual Arts Sxhibition

We invite Family and Friends of our Year 12 Visual Arts students to join us in celebrating their achievements in creating outstanding artworks developed for the HSC Visual Arts Body of Work 2023.



SPORTS NEWS

NSW CCC Rugby League Trials

Last week Ainsley M and Shayla W competed at the NSW CCC Rugby League Trials as part of the NSW Catholic Metropolitan side.

The girls spent time on Wednesday training with their team and had the opportunity to meet Kezie Apps and Bo Vette-Welsh from The West Tigers NRLW team. The girls were able



to listen to their experiences and advice. The team were given a tour of the amazing facilities at the NSW Rugby League Centre of Excellence before being presented with their Metro uniforms in the NSW State of Origin change rooms.

Then on Thursday Ainsley, Shayla and the Metro team played admirably against Sydney, Northern Country and Southern Country, coming away with a draw, win and a loss respectively.

Congratulations girls; looking forward to your progress over the next few years.

Natalie Jones Sydney Metro Manager

Australian Pool Rescue Championships

The 2023 National and Interstate Pool Rescue Championships was held at the Southport Aquatic Centre on Queensland's Gold Coast, from 4-6 August 2023.

The Australian Pool Rescue Championships test Australia's most skilled swimmers and showcase a variety of skills. The Australian Pool Rescue Championships are also one of the key qualifying events for the national lifesaving teams. It is also an opportunity for elite lifesavers to display the skills that keep them rescue ready for the start of the patrol season.

St Peter's Year 7 student, Harper K recently completed in the Pool Rescue Championships representing Shelly Beach SLSC. Harper alongside his teammates won Bronze in both the 4 x 25m Brick Carry Relay event and the 4 x 50m medley relay.

Congratulations Harper! What an amazing achievement.



Wyong Catholic Parish

St Cecilia's Church St John Fisher Mass Ctr St Peter's Chapel WE ARE LOOKING FOR

Volunteer leaders

IF YOU ARE 18-30 YEARS OLD AND PASSIONATE ABOUT SHARING THE GOSPEL WITH YOUNG PEOPLE. THIS IS THE PERFECT OPPORTUNITY FOR YOU.

(DURING SCHOOL TERM)

PLEASE CONTACT PARISH YOUTH COORDINATOR GABBI ON 0401395366 IF YOU ARE INTERESTED

MATHS HELP EVERY TUESDAY



Maths support is available every Tuesday during Break 1 in the Explore Zone of the Library.

If your child is struggling with concepts or particular topics we encourage them to come along and discuss with Ms Michell and her team of Maths whizzes.

Calculators are also available for daily hire from the College Library, for more information please see Ms Skarstein & the Library Staff.

Teresa Phichell
Leader of Learning - Mathematics



YEAR 7 2024 IMPORTANT INFORMATION

Year 7 2024 Testing Days

All families were provided with information via Compass 2 weeks ago about the Student Testing Days for Year 7 2024 by Mrs Evans, the High Potential and Gifted Education Project Leader and Miss McVeigh, the Assistant Principal for Student Achievement.

The Student Placement Testing Day will be held on two separate occasions to accommodate everyone's schedule (please note your child only needs to attend ONE of the testing days).

- Monday 11 September 2023, 4.15pm to 5.15pm
- Monday 18 September 2023, 4.15pm to 5.15pm

Families are asked to please register for ONE session only using the following link:

https://www.trybooking.com/CKMOA

Students will be required to arrive at 4pm for a 4.15pm start. Parents are invited to join us for afternoon tea whilst the testing is being conducted.

Linda Selfridge Registrar

UPCOMING EVENTS @ ST PETER'S

Monday 28 August
Wednesday 30 August
Thursday 31 August
Friday 1 September
Friday 1 September
Monday 4 September
Monday 4 September
Tuesday 5 September
Wednesday 6 September
Friday 8 September
Monday 11 September
Monday 11 September
Monday 12 September
Tuesday 12 September
Tuesday 12 September
Tuesday 12 September
Tuesday 13 September
Tuesday 14 September
Thursday 14 September
Tuesday 19 September
Wednesday 20 September
Wednesday 20 September

Friday 22 September

2024 Student Leader Camp commences 2024 Student Leader Camp concludes

AFL State Finals

Father's Day Liturgy

Year 12 Bush Dance

BBSSSA Athletics

Year 10 Examinations commences

2023/24 Student Leader Induction Ceremony

St Vincent House Day

Year 10 Examinations concludes

Year 11 Examinations commence

Year 9 Outdoor Expedition

Year 7 2024 Testing Afternoon #1

Year 9 Outdoor Expedition

Year 10 Outdoor Expedition

Year 7 2024 Parent Information Zoom (Transition Event #1)

Year 10 Outdoor Expedition

R U OK Day

Year 12 Final Day Activities

Year 7 Immunisation Clinic

Year 12 Graduation Mass and Ceremony

Last day of Term 3

ANNOUNCEMENT

WE HAVE A NEW PHONE NUMBER

St Peter's phone system is currently being upgraded to a cloud-based phone system, resulting in a change to our phone number.

Calls coming through the current school phone number will be redirected to the new number for a short period of time before the number is cancelled at a later date.

St Peter's contact details will be updated in all school communication channels over the coming weeks.

We encourage you to update the school contact details in your devices as soon as possible to avoid confusion. We appreciate your support as we transition to this new phone system.

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